



United Kingdom Muaythai Federation

U.K.M.F. Junior Muaythai Rules & Regulations

Junior Rules

KIDS Age 5 – 11.

10oz boxing gloves

No head contact at all

Head guard, body protection, shin guards, gum shield & groin guard

Rounds 5 x 1 min with the option of 3 x 1.5 min – Normal bouts

Rounds 5 x 1.5 min for title fights, Area, English & British

IFMA Tournament/Trials:

NO Head contact allowed

Rounds 3 x 1.5 min – normal bouts

Rounds 3 x 2 min in a Final

CADETS Age 12 – 14.

Option A

10oz boxing gloves

No head contact at all

Head guard, body protection, shin guards, gum shield & groin guard

Rounds 5 x 1 min with the option of 3 x 1.5 min – Normal bouts

Rounds 5 x 1.5 min for title fights, Area and English

No British Title available in this Category on the basis that there would be no incentive to move to head contact bouts

IFMA Tournament/Trials:

NO Head contact allowed

Rounds 3 x 1.5 min – normal bouts

Rounds 3 x 2 min in a Final

Option B

10oz boxing gloves

Head contact allowed with boxing only

Head guard, body protection, shin guards, gum shield & groin guard

Rounds 5 x 1 min with the option of 3 x 1.5 min – Normal bouts

Rounds 5 x 1.5 min for title fights up to Area or English

Rounds 5 x 2 min for British Title and International only



United Kingdom Muaythai Federation

U.K.M.F. Junior Muaythai Rules & Regulations

YOUTH Age 15 – 17.

10oz boxing gloves

Head contact allowed with boxing and kicking only

Head guard, shin guards, gum shield & groin guard

Rounds 3 x 1.5 min or 5 x 1 min – Normal bouts

Rounds 5 x 1.5 min for title fights up to Area or English

Rounds 5 x 2 min for British Title and International only

IFMA Tournament/Trials:

Head contact allowed with boxing and kicking

FINAL of an IFMA competition - Full Thai rules – Head contact allowed with boxing, kicking, knees and elbows

Rounds 3 x 1.5 min – normal bouts

Rounds 3 x 2 min in a Final

Note:

Taping of the hand and wrist is not permitted; a one (1) inch piece of tape may be used to secure the hand-wrap.

The agreed UKMF approved shin guards for all junior bouts, will be the foam, sock type, pull up kind.



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Junior Weight Divisions

Cat	Name	Weight
0	Junior Under 20 kg	Under 20kg
1	Junior 20 - 22 kg	20 - 22 kg
2	Junior 22 - 24 kg	22 - 24 kg
3	Junior 24 - 26 kg	24 - 26 kg
4	Junior 26 - 28 kg	26 - 28 kg
5	Junior 28 - 30 kg	28 - 30 kg
6	Junior 30 - 32 kg	30 - 32 kg
7	Junior 32 - 34 kg	32 - 34 kg
8	Junior 34 - 36 kg	34 - 36 kg
9	Junior 36 - 38 kg	36 - 38 kg
10	Junior 38 - 40 kg	38 - 40 kg
11	Junior 40 - 42 kg	40 - 42 kg
12	Pinweight 42 - 45 kg	42 - 45 kg
13	Light Flyweight 45 - 48 kg	45 - 48 kg
14	Flyweight 48 - 51 kg	48 - 51 kg
15	Bantamweight 51 - 54 kg	51 - 54 kg
16	Featherweight 54 - 57 kg	54 - 57 kg
17	Lightweight 57 - 60 kg	57 - 60 kg
18	Light Welterweight 60 - 63.5 kg	60 - 63.5 kg
19	Welterweight 63.5 - 67 kg	63.5 - 67 kg
20	Light Middleweight 67 - 71 kg	67 - 71 kg
21	Middleweight 71 - 75 kg	71 - 75 kg
22	Light Heavyweight 75 - 81 kg	75 - 81 kg
23	Cruiserweight 81 - 86 kg	81 - 86kg
24	Heavyweight 86 - 91 kg	86 - 91kg
25	Super Heavyweight 91 kg plus	91 kg plus